



Clothing and bedding collection at Ealing Abbey for
MARY'S MEALS

All clothing and bedding but *NO DUVETS OR PILLOWS PLEASE !*

Sunday 24th February COLLECTING UNTIL 12 PM



National Marriage Week

7th - 14th February 2019

A Message for Married Couples on
St. Valentine's Day

God does not call us to mediocrity. God calls us to be a radical witness; to bring alive within our marriage the passionate love and extravagant mercy he has for every human person. God calls us to live this reality within our own marriage and to proclaim it to our families and to the world through our lived example. But marriage can be a challenge sometimes! We are not always easy to love, especially when hurts and disappointments accumulate.

Yet God is endlessly patient and merciful! Even when we fail, even when we settle for less, even when we doubt ... God's mercy calls us back.

Celebrate the Joy of Love this St. Valentine's Day

Heavenly Father,
You call us to radical holiness;
to witness to your passionate love
and extravagant mercy.
Forgive us for the times
we have failed to love
and help us to more readily
forgive each other.
Inspire us with the ambition
to grow ever closer to the
fulfilment of our vocation.
Amen.

*Mark this day with a special gift of your time and attention to celebrate love and help it grow such as a commitment to:
Have a technology-free evening to do an activity of your choice.*

1. Set aside time for prayer together as a couple.
2. Go for a hand-in-hand walk together.
3. Have a special meal cooked by me.
4. Share loads of tender hugs.
5. A family outing.
6. Praying for a single person looking for a spouse.
7. Take a journey down memory lane where we set aside some special time to remember how we met and have grown together.
8. Learn about each other's Love Language (quizz at 5lovelanguages.com)
9. Enrich your married life with a Virtual Marriage Retreat (www.foryourmarriage.org)



The Christian ideal, especially in families, is a love that never gives up. Pope Francis' The Joy of Love (119)